

14th Sunday in Ordinary Time of the Year
(Ezk.2-5, 2Cor.12;7-10, Mk. 6:1-6)

**THEME: DO NOT CRY AGAIN, THE GRACE OF GOD IS THERE
TO HELP YOU.**

Some time in our lives, there are things we encounter or experience that we wish that they should not come our way. More often we ask God to prevent them from coming to us. But when we take a closer reflection about these things, we come to understand, that, we experience them, not because God hates us or because of our Sins, but because we are human beings, or signs that show us that we are fully alive. They are mostly natural to us.

In our second reading today, from St. Paul's second letter to the Church in Corinth, we see St. Paul facing these type of experiences at certain stages in his life. According to St. Paul, "Three times I appealed to the Lord about this, that it would leave me, but he said to me," "my grace is sufficient for you, for the power is made perfect in weakness, so that the power of Christ may dwell in me."
(2Cor.12:7-10)

We have to understand, that we are not Spirits, nor Stones. We are human beings, with body and Spirit. As human beings, sometimes in our lives we can become hungry, tired, sick, cry, laugh, and experience temptations and trials.

For the last two weekends, the readings told us that after the days work, our Lord Jesus was tired and fell asleep in the boat (Mk.4.35-41) Sometimes also He experienced hunger, (Mt.21:17-19, Mk.11.12-14,20). The apostles had their own natural experiences too. In our lives also, we are bound to experience these things because we are humans. The day we stop to experience, hunger, tiredness, sickness, temptations and trials, will be the day we are confirmed dead by medical doctor.

Brothers and Sisters in Christ Jesus, in all these things, let us bear in mind that we are not alone. God is always on our side. Just as God told Paul in our second reading today, the same he is telling us "My grace is sufficient for you, for power is made perfect in weakness." With this, God is assuring each and every one of us again today, that in his Grace, comes our healing, our protection, comfort, satisfaction and salvation.

Let us not die in our burdens, but lift them up to God in prayer. For when we are weak and helpless, with faith and prayers, we become victorious through the Grace of God.